



ENLIGHTENED
ATHLETICS
HIGH PERFORMANCE INSTITUTE

SOUL OF ZION
BODY OF OLYMPUS

TOTAL HEALTH
RECOVERY AND
LIFESTYLE UPGRADE
RETREAT

BOOKING AT
GOODHELM@LUX.GURU

LUX.GURU

AN OUTREACH OF
SON OF LIGHT MINISTRY
FOUNDED IN ONENESS FOR THE REVLATION OF
TRUTH TO ALL



LIFESTYLE UPGRADE SPA RETREAT

SAIL ON TOWARD THE SUN
AND BASK IN THE LIGHT OF
YOUR HIGHEST SELF

REALIZE YOUR IDEAL HEALTH
AND HIGHER STATES OF
CONSCIOUSNESS



**INTEGRATE, ALIGN,
BE WHOLE**

SPIRIT

MIND

BODY

**SERVING GODS AND
GODDESSES**

BASK IN THE GLORY OF GOD

An atmosphere of play, sunshine, and
entheogen ceremony to quicken the spirit

**CONSCIOUSNESS ADAPTIVE
PROTOCOLS**

The right therapies offered in the right
sequence for full integration

HOLISTIC TREATMENT

Therapies provided for treatment of body,
mind, and spirit